# Whistler Gymnastics - September

Dear Members,

We hope everyone is having a great start back to school.

# oroδ

## **Back to School and Back to Gymnastics**



Our recreational and competitive seasons are back up and running. We have programs running 7 Days a week in both Whistler and Pemberton.

Unsure what time your classes are running. Check out the calendar feature on your account:

https://whistlergymnastics.uplifterinc.com/

We have Pro D Day Camps running on Monday September 29th, Friday October 24th and November 10th. Registration is currently open!

#### Fuel

Rushing from school to Gymnastics. Don't forget to make sure your participants have eaten and have enough fuel for their classes. Healthy snacks are available at all the schools through the great work at Whistler Community Services: <a href="https://mywcss.org/food-security/breakfast-club/">https://mywcss.org/food-security/breakfast-club/</a>



There is also a fundraising Freezer selling a variety of frozen meals in the lobby at the Whistler facility. A portion of sales goes towards the Club's fundraising efforts.

# **Appropriate Clothing**

Please make sure all Gymnasts are showing up with appropriate clothing for physical activity. Please no buttons, belts, jeans or zips!

# **Management Updates**

Over the summer we had some personnel changes to the management team. Steve Shore will be taking over as the Executive Director from Marc Davidson - we thank Marc for his contribution over the last couple of years and wish him the best with his future endeavours!

Meaghan Smith will be expanding her position with the club to be Whistler's Artistic Gymnastics Program Manager with Tanya Liquorish overseeing all Trampoline Programs. Catou Tyler will be managing the Pemberton Programs and Facility.

#### **Coaches Awards**

Two of our coaches were recognised for their hard work and contributions by Gymnastics BC recently. Tanya Liquorish was awarded the Trampoline Coaching Impact award and Clare O Dea was awarded the inclusivity award.

### **Truth and Reconciliation Day**

There will be no classes running on Tuesday September 30th for Truth and Reconciliation Day.

## **Birthday Parties at Whistler Gymnastics**

Got a birthday party coming up? Interested in having it at Whistler Gymnastics. Put in a booking request here: <a href="https://whistlergymnastics.com/contact/">https://whistlergymnastics.com/contact/</a>

#### **Available grants**

Whistler Gymnastics Programs are eligible for lots of individual grants and funding. For a full list please see here: <a href="https://whistlergymnastics.com/available-grants/">https://whistlergymnastics.com/available-grants/</a>



## **Upcoming Important Dates:**

• September 29th: Pro D Day Camps

• September 30th: Truth and Reconciliation Day (No Classes)

• October 11-13th: Thanksgiving. (No Classes)

• October 24th: Pro D Day Camps

• November 1st: Winter camp registration

• November 12th: Winter Registration

If you would like to connect with any members of our management team, please email us at:

Administration Questions: Liz Self admin@whistlergymnastics.com

Pemberton Questions: Club Program Manager – Catou Tyler program@whistlergymnastics.com

Artistic Questions: Whistler Artistic Program Manager - Meaghan Smith

gfaheadcoach@whistlergymnastics.com

Trampoline Questions: COMP Trampoline Head Coach – Tanya Liqourish

comptrampoline@whistlergymnastics.com

Thank you to our 2025 Sponsors











